

**SESSION 9 PARKINSONS DISEASE & MOVEMENT
DISORDER SOCIETY: NELLORE (PDMDS Nellore)**

Date: 01.09.2018

**Venue: Axon Neuro Care Centre, Ramamurthy Nagar,
Nellore.**

Topic: Cognitive Therapy session

Under guidance of: Dr. Bindu Menon

Coordinator: Ms Deepa Ramalingam 9963665543

Physiotherapist: Dr. Shalini 9642211600

The session started with Warm up exercises by Ms. Shalini. Followed on that Mr. Suresh Psychologist continued the session on Cognitive Therapy. A detailed information on basic memory taught to the PWPs. Also Mr.Suresh taught a memory exercises. the session concluded by cool down exercises.



