

## **SESSION 10 PARKINSONS DISEASE & MOVEMENT DISORDER SOCIETY: NELLORE (PDMDS Nellore)**

**Date: 08.09.2018**

**Venue: Axon Neuro Care Centre, Ramamurthy Nagar,  
Nellore.**

**Topic: Medical Treatment Options in Parkinson's disease.**

Under guidance of: Dr. Bindu Menon

Coordinator: Ms Deepa Ramalingam 9963665543

Physiotherapist: Dr. Shalini 9642211600

16 PWPS attended in this medical treatment options session. Under this PWP's were asked about their medicines prescribed by their doctors for their Parkinson's disease. Also how to maintain medication diary was explained for them, which is much important to know the drugs and the symptoms.

Medical treatment options like Deep brain stimulation surgery and stem cell therapy were explained.

Following this started with warm up exercises, exercises for trunk, stretches for improving muscle flexibility, facial exercises and ended with cool down exercises.





