

TOPIC ON: SCIENCE OF ERGONOMICS IN DENTISTRY

VENUE: NARAYANA DENTAL COLLEGE, NELLORE

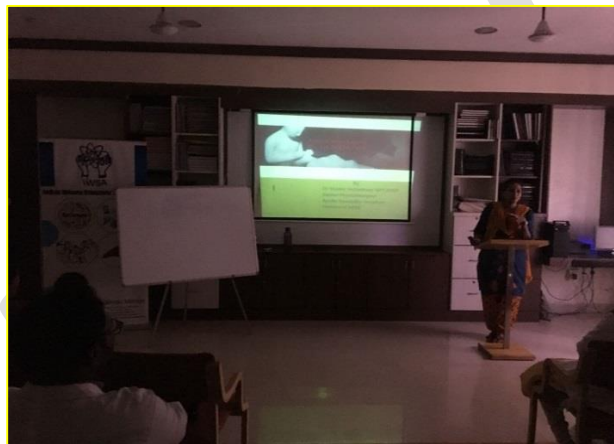
DATE & TIME: 24TH JULY 2018

NUMBER OF STUDENTS ATTENDED: AROUND 40 MEMBERS

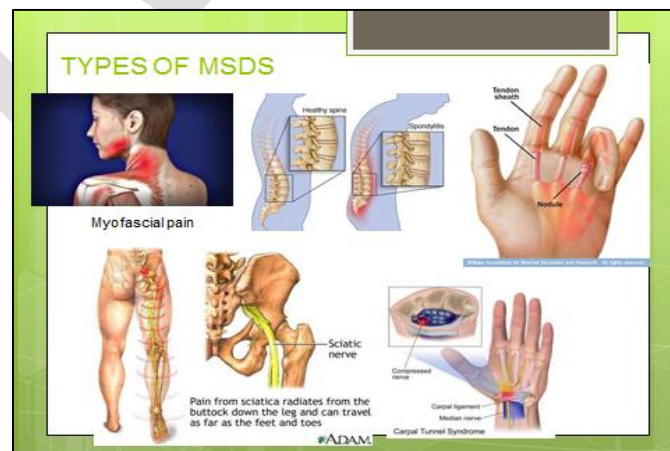
GIVEN BY: DR SALINI (IWSA LIFE TIME MEMBER)

SCIENCE OF ERGONOMICS IN DENTISTRY

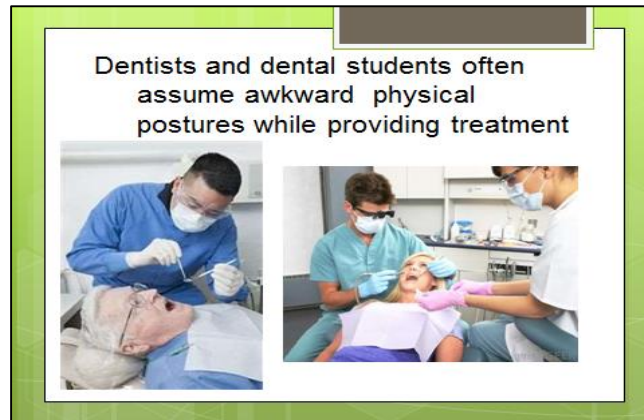
A programme was conducted on science of Ergonomics in dentistry at Narayana Dental College, Nellore on July 24th 2018.



We mainly focussed on problems faced by dental students due to awkward postures while treating patient's resulting in myofascial pain, spinal problems, trigger finger, sciatic pains, CTS etc.,



Then the factors responsible were explained to the students and proper ergonomics were demonstrated and explained to prevent the above



mentioned problems, which included the tools and equipmental changes, modifications in work stations and work practices.



A part from ergonomics, proper scheduling, use of personal protective equipment's during treatments and exercises (stretches & warm-ups) were taught.



THANK YOU

WNSA